

Interviewer:

Present Date:

Future Date:

BACK TO YOUR FUTURE INTERVIEWS

What if you could interview with your past or future self?

Step 1: If you could interview your future self, what questions would you ask?

Circle your rules: No lottery No life/death No doomsday No politics No romance

<div>Lifestyle</div> <div>How the future has changed your lifestyle?</div>	<div>Health</div> <div>Has your health been diminshed?</div>	<div>Relatives</div> <div>Have your family increased or decreased?</div>	<div>Career</div> <div>How much have your professional life impacted others?</div>	<div>Disabilities</div> <div>Have the years brought you any permanent setbacks?</div>
<div>Technology</div> <div>How the exponential growth in technology changed society?</div>	<div>Gaps</div> <div>Have socio-economic gaps like gender, wealth and racism impacted your life?</div>	<div>Bias</div> <div>Have you become aware of your own bias towards specific groups?</div>	<div>World</div> <div>Have any catastrophic events disrupted humanity?</div>	<div>...</div> <div>...</div>

Step 2: Challenge yourself.

If you could only ask one question... If you had only 30 seconds... If you could only ask about one category...

Bonus: If you assume a future disability...

Step 3: Listen to yourself.

Give yourself some wisdom, after all you have... seen good and bad things, experienced amazing changes in behavior and science.

Bonus: In your future, you're a Nobel Prize winner.

Step 4: Change yourself.

After meeting with your future self, what would you change in your... current life? career? approach to design?

Bonus: If you could impact society at a global scale...